

Health Checkup Packages and Test Items

Examination Items		Comprehensive Package A (2 days)	Comprehensive Women Package B (2 days)	PET-CT Examination C (1 day)	Comprehensive Package D (3 days)	Comprehensive Women Package E (3 days)
Consultation	Consultation by a physician (Internal medicine)	⓪	⓪	⓪	⓪	⓪
	History Taking	⓪	⓪	⓪	⓪	⓪
Physical Measurements	Height/Weight/Chest Girth/BMI/Body Fat Ratio	⓪	⓪	⓪	⓪	⓪
Physiological Tests	Blood Pressure	⓪	⓪	⓪	⓪	⓪
	Heart Rate	⓪	⓪	⓪	⓪	⓪
	Vision	⓪	⓪	—	⓪	⓪
	Hearing	⓪	⓪	—	⓪	⓪
	Ophthalmoscopy	⓪	⓪	—	⓪	⓪
	Perimetry	⓪	⓪	—	⓪	⓪
	Intraocular Pressure	⓪	⓪	—	⓪	⓪
	Electro Cardio Gram	⓪	⓪	—	⓪	⓪
Urine Tests	Forced Vital Capacity/FEV1%/FEV1	⓪	⓪	—	⓪	⓪
	Specific Gravity/PH	⓪	⓪	—	⓪	⓪
	Protein Level/Sugar Level	⓪	⓪	—	⓪	⓪
	Urobilinogen	⓪	⓪	—	⓪	⓪
	Reaction of Occult Blood	⓪	⓪	—	⓪	⓪
	Urinary Sediment (Only when the value of protein level and reaction of occult blood are abnormal)	⓪	⓪	—	⓪	⓪
Stool Test	Fecal occult blood test /Immune two-day method	⓪	⓪	—	⓪	⓪
Bone Density Test	Bone Density (Ultrasound Examination)	⓪	⓪	—	⓪	⓪
Imaging Tests	Chest X-Ray (Front/Side)	⓪	⓪	—	⓪	⓪
	Upper Abdominal Ultrasound	⓪	⓪	—	⓪	⓪
	Bladder Ultrasound	⓪	⓪	—	⓪	⓪
	Gastroendoscopy ※1	⓪	⓪	—	⓪	⓪
	Chest Helical CT (Multislice)	⓪	⓪	⓪	⓪	⓪
	Visceral Fat (Abdominal CT)	⓪	⓪	—	⓪	⓪
	Head MR/MRA ※2	⓪	⓪	—	⓪	⓪
	PET(Positron tomograph) ※2	⓪	⓪	⓪	⓪	⓪
Blood Count	Leukocyte count	⓪	⓪	—	⓪	⓪
	Erythrocyte count/Hemoglobin content/Hematocrit	⓪	⓪	—	⓪	⓪
	Erythrocyte indices (MCV/MCH/MCHC)	⓪	⓪	—	⓪	⓪
	Thrombocyte count	⓪	⓪	—	⓪	⓪
	Hemogram (Leukocyte Differential Count)	⓪	⓪	—	⓪	⓪
Liver Function	Total Protein/ALP	⓪	⓪	—	⓪	⓪
	Albumin	⓪	⓪	—	⓪	⓪
	Total Bilirubin/Cholinesterase	⓪	⓪	—	⓪	⓪
	GOT/GPT/γ-GTP	⓪	⓪	—	⓪	⓪
Renal Function	Blood Urea Nitrogen/Creatinine	⓪	⓪	—	⓪	⓪
Electrolytes	Sodium/Potassium/Chloride/Calcium	⓪	⓪	—	⓪	⓪
	Serum Iron *For Women Only	⓪	⓪	—	⓪	⓪
Gout	Uric Acid	⓪	⓪	—	⓪	⓪
Lipid	Total Cholesterol/HDL Cholesterol	⓪	⓪	—	⓪	⓪
	Triacylglycerides/LDL Cholesterol	⓪	⓪	—	⓪	⓪
Glycometabolism	Fasting Blood Sugar/HbA1c	⓪	⓪	—	⓪	⓪
	Glucose Tolerance Test (Blood Sugar Level for 1-2 hours)	⓪	⓪	—	⓪	⓪
Serological Tests	CRP, HBs Antigen, HCV Antibody, Blood Type	⓪	⓪	—	⓪	⓪
Tumor Markers	CEA (Gastrointestinal Cancer, etc.)	⓪	⓪	—	⓪	⓪
	PSA (Prostate Cancer) ※Male only	⓪	—	⓪	⓪	—
	CA125 (Ovarian Cancer) ※Female only	⓪	⓪	⓪	⓪	⓪
	CA19-9/DUPAN-2 (Pancreatic Cancer)	⓪	⓪	—	⓪	⓪
Gynaecology	Cervical Cytology/Palpation	⓪	⓪	—	⓪	⓪
	Transvaginal ultrasound	—	⓪	—	—	⓪
	Sexually Transmitted Infection Set (Neisseria gonorrhoeae/Chlamydia)	—	⓪	—	—	⓪
	Human papillomavirus	—	⓪	—	—	⓪
Breast	Mammography (2 Directions)	—	⓪	—	—	⓪
	Breast Ultrasound	—	⓪	—	—	⓪
Dental Checkup	Intraoral observation, periodontal disease check, etc.	⓪	⓪		⓪	⓪
Explanation/ Education	Health related education by a nurse	⓪	⓪	—	⓪	⓪
	Explanation of results by a physician	⓪	⓪	—	⓪	⓪
Physical Fitness Checkup	Physical check, analysis of causes of decline in physical strength, and proposal of original care and training just for you				⓪	⓪

※ 1 Gastroendoscopy will be conducted without sedation.

※ 2 PET-CT and Brain exam (Head MR/MRA can be excluded from Comprehensive packages as you wish. In that case, relevant costs will be deducted from the total amount. As for other examination items, no deductions will be made even when you decide not to receive some of the examinations.

People we recommend physical fitness checkup



People who are over 60 who is concerned about declining physical strength.



People who are worried about joint pain.



People who want to extend their healthy lifespan

etc.

Would you like to work together to resolve the worries and worries you are currently having? Let's get back to a fun and lively life where you want to go out on foot and go on trips on your own! Why not take a physical fitness checkup as one of the things you can do now?

Physical fitness checkup 120 min.

Check

12 items of physical checkup

Analyze

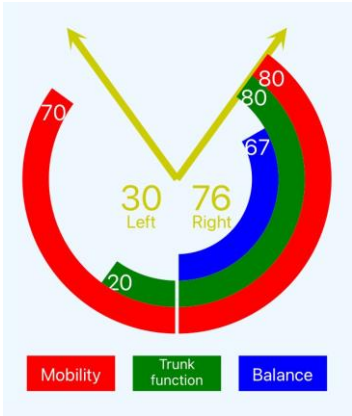
Analyzing the causes of decreased physical strength

Care Training

Propose your own original care training

Follow up

Careful exercise guidance from experts



Aim for
80 points
or more